



# SENIORS MOVING GUIDE

## *7 Steps to Downsizing*

### ***Has your home become too much to manage?***

Are you considering downsizing from your house to a seniors' residence? Or perhaps you're helping your parents make a move to a simpler and safer lifestyle. Whether you're a senior yourself looking for some tips, or you're a caregiver who needs help managing the move for a loved one, you'll get loads of info in this helpful guide! It's a big decision to move and it can seem overwhelming! The **7 Steps To Downsizing** in this brochure will help you get started!



### **7 STEPS TO EASIER DOWNSIZING:**

1. **ENGAGE** in the conversation.
2. **ELIMINATE** the clutter.
3. **EDUCATE** yourself.
4. **EXPLORE** your options.
5. **EMPOWER** everyone involved.
6. **ENACT** your plan!
7. **EXPERIENCE** the relief.



NATIONAL  
ASSOCIATION of  
REALTORS®  
*Official Designation*



*Seniors Real Estate Specialist SRES*



## STEP 1: Engage in the conversation.

Sometimes just talking about the *possibility* of moving can be a big help. Whether it's a conversation with your spouse, your kids, or your parents, look for opportunities to discuss the idea now so you can create a plan. Waiting until health concerns force a move causes so much unnecessary stress. You could find yourself needing to move quickly, and that limits your choices and can feel like a loss of control.



Even if you don't intend to move for a few years, having a plan in place and some ideas about who can help, is smart. You'll thank yourself later for a bit of time and thought invested today.

## STEP 2: Eliminate the clutter!

If you're a senior you've accumulated a lifetime of items. Some are precious momentous you wouldn't dream of parting with. But there are likely many items you'll need to get rid of when the time comes to move. There's no time like the present to get started! There are so many organization in Edmonton that would appreciate your gently used items. You can help others while helping yourself to an empty basement!

**ValueVillage**  
Good deeds. Great deals.

Habitat for Humanity  
**ReStore**

  
**Bissell Centre**  
Where hope finds help.

  
THE  
MUSTARD  
SEED

**find.**

### STEP 3: Educate yourself and your family.

Do you know what your current home is worth? It's likely a big part of your savings, so finding out approximately what you will receive when you sell is an important first step. Next gather information about your income and expenses. Some of the expenses you have in your house, such as snow removal and lawn care for instance, you won't have if you move to an apartment. Together with information about the value of your home you'll have a much better idea of what you can comfortably afford in your new place!



What is the likely sales price of your current home?



Get an accurate idea of your income and expenses.

### STEP 4: Explore your options.

Go and visit some of the places you think you might move to and ask for a tour. If you're considering a facility where meals are served, make sure you go for lunch and dinner a few times. Talk to some of the residents and see what they have to say!





## STEP 7: Experience the relief!



You've done it! You're settled into your new home! So often we hear from seniors that they wonder why they waited so long to make this kind of a move, but we understand that it's not a small decision. The good news is you can now relax and let someone else worry about mowing the lawn, shoveling the snow, and doing all that tiresome house maintenance. ***And if you're really lucky, someone else is doing the cooking too!***



*Seniors Real Estate Specialist SRES*

Make sure you find a Realtor who is a **Seniors Real Estate Specialist (SRES)** like many of our Realtors at Schmidt. You deserve someone who understands your needs and who will commit to making you a priority.

Want to know more about how SCHMIDT can help you or the senior in your life have an easier move? We'd be honoured to chat with you. **Contact us today for a free consultation. Never any pressure, and no obligation!**



**Contact us anytime!**

***We promise to treat you like family!***

[info@WeSellEdmonton.com](mailto:info@WeSellEdmonton.com)

[WeSellEdmonton.com](http://WeSellEdmonton.com)

**780-437-2030**